



**EL TORO HIGH SCHOOL PSTO &
THE CITY OF LAKE FOREST**



PROUDLY PRESENT

**THE 25TH ANNUAL
EL TORO CHARGERS 5K RUN/WALK**

THURSDAY, JULY 4TH, 2019

STARTS AT 7:30 AM

All Proceeds Benefit El Toro High School Educational Programs

Complete this form and attach check payable to ETHS
PSTO. Mail or drop off by 6/15/19 to:

ETHS PSTO at the UPS Store
25422 Trabuco Road, Suite 105-452
Lake Forest, CA 92630

Offline Registration Fees:

Received by 6/15..... \$40.00
After 6/15..... \$45.00
Students \$20.00

RACE LOCATION: Lake Forest Dr. at Serrano Rd.

For More Information, visit our
website: www.eltorochargers5k.org

Athlete Name: _____

Address: _____

City: _____ State: _____

ZIP Code: _____ Phone: (____) _____

E-mail: _____

Sex: _____ M _____ F _____ Age on Race Day: _____

Emergency Contact Name: _____

Emergency Contact Phone: (____) _____

Waiver (must be accepted by signing below):

I hereby release the County of Orange, City of Lake Forest, ETHS PSTO and all agencies whose property and/or personnel are used, and other sponsoring or co-sponsoring companies, agencies or individuals from responsibility for any injuries or damages I may suffer as a result of my participation in any of these events. I hereby certify that I am in good condition and am able to compete in this event. I will also permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, etc. and I also understand that the entry fee is non-refundable. As a participating athlete I certify that all the information provided in this form is true and complete. **I have read the entry information provided for the event and certify my compliance by my signature below.**

Male	Age Group	Female
	10 & under	
	11 – 14	
	15 – 19	
	20 – 24	
	25 – 29	
	30 – 34	
	35 – 39	
	40 – 44	
	45 – 49	
	50 – 54	
	55 – 59	
	60 – 64	
	65 – 69	
	70 – 79	
	80+	
Awards ceremony immediately following the race.		

Athlete Signature

Date

Signature of parent or guardian if under 18

Printed Name of parent or guardian